

- Activities
- My Activities
 - History
 - 06/02/
 - 05/02/
 - 03/02/
 - 03/02/
 - 01/02/
 - 30/01/
 - 30/01/
 - 28/01/
 - 25/01/
 - 25/01/
 - 23/01/
 - 22/01/
 - 18/01/
 - 16/01/
 - 16/01/
 - 11/01/
 - 09/01/
 - 08/01/
 - 06/01/
 - 02/01/
 - 31/12/
 - 30/12/
 - Courses
 - Workouts
 - StatistiquesC

Name	Distance	Elapsed Time	Avg Pace	Avg Speed	Max Speed	Calories	Avg Heart	Max Heart Rate	Avg Cadence	Ascent	Descent
06/02/11 09:33:57	13.98 km	1:29:09.99	6:22/km	9.4 km/h	21.6 km/h	1138 cal	155 bpm	177 bpm		671 m	689 m
Lap 1 - 09:33:57	13.98 km	1:29:09.99	6:22/km	9.4 km/h	21.6 km/h	1138 cal	155 bpm	177 bpm		671 m	689 m

